



KRYSTA SELLERS



Age: 32

Position and Company: Owner of the Aesthetic Dental Center, prosthodontist

Family: I have a wonderful husband, Jason Sellers, and our sweet and spunky daughter, Ella (1).
Hobbies: I enjoy spending time with my family and friends, keeping up with my daughter, cooking, yoga and working out

Community involvement: I am a member of the Bismarck Chamber of Commerce and the North Dakota Dental Association. I support the St. Alexius foundation through their "Night for the Stars" event and sponsor and participate in the St. Alexius Kickball Tournament. I also support the Bismarck Cancer Center through their "Masks in the Moonlight" event. The Aesthetic Dental Center team is excited to volunteer in our community together.

Career path: I decided at a young age of 16 to pursue a career in dentistry. I attended the University of North Dakota receiving a Bachelor's degree. I completed my dental degree and certificate in public health in 2011 in Mesa, Arizona at A.T. Still University. I furthered my education with three years of specialty training in Prosthodontics at the University of Texas in Houston, receiving a Master's degree and furthering

my education in oral oncology. A prosthodontist is a dentist that specializes in cosmetic smile rejuvenation and replacement of missing teeth with dentures or implants. After completing my residency my husband and I wanted to move back to North Dakota, where I grew up. I worked at a dental practice in Dickinson, ND for 2 years. During this time, I began the process of starting my own dental practice in my hometown of Bismarck. I am very honored to be able to serve the patients in the town I grew up in.

Mentors: I have had a few mentors along my path. My parents were the first mentors that always believed in me and taught me what it takes to own your own business. Connie Chu motivated me to pursue the dental specialty of prosthodontics while I was in dental school. Maria Gonzalez and Donald Belles mentored me to become a great prosthodontist and always have the patient in mind while providing dental care. My husband is my greatest mentor and has taught me about running a successful business. He owns Mattress Firm in North Dakota and always strives for passion, integrity and growth.

Briefly, tell us about yourself: I grew up in Bismarck, ND and attended Century High School. I met my husband in Mesa, Arizona while attending dental school. We got married in 2010 in Bismarck and he fell in love with North Dakota. We moved to Houston for my residency and his job, but always knew we wanted to move back to North Dakota. We enjoy the family-oriented community. I like to spend time outside in the summer and relax with family. I'm usually chasing after our daughter on the weekends, trying to keep up. She is one and on the move, getting into everything! She is a high energy, fun loving girl with a big personality! I enjoy cooking, trying new recipes and new food. I use yoga for relaxation and exercise.

What motivates you? Knowing I make a difference in someone's lives by changing their smile motivates me. Our tag

line is "everyone deserves a beautiful smile" and I truly believe that making someone smile can impact their lives and the lives of others around them.

Challenges in your career path: One challenge I faced was completing 12 years of schooling to become a prosthodontist. When my husband and I moved back to North Dakota, I started my career in Dickinson and lived in Bismarck for 2 years. The drive started to wear on me a little, but it was definitely worth it, finally being able to open my own practice.

What's the biggest risk you've ever taken? The biggest risk I have ever taken is definitely opening my own dental practice last August. My goal with the practice is to always make it about the patient and them having a great experience at the Aesthetic Dental Center.

Anything of which you're particularly proud? I am proud of my husband for being a successful business owner and giving back to the community that I grew up in. I am proud of our daughter, our family and the life we have created. We are very busy people but still enjoy each day to its fullest. We are approaching our one year anniversary at the Aesthetic Dental Center and I am proud of the success and growth we have had in one year.

What advice would you offer other young professionals? The people around you influence your career and success. Be willing to take advice, ideas and suggestions from others. Always stick to your morals and remain humble. Treat coworkers, staff, and customers like they are your family. Value the people in your life that support you and your career.

For what are you thankful? I am thankful for my very supportive and motivating husband, my loving daughter, my friends, and my family that raised me with values and is always there for me. I would not be where I am today, starting a new business, without my hard working, compassionate and creative staff. They are truly what make my business thrive.

What do you see yourself doing in 10 years? In 10 years I see myself continuing to grow my dental practice, creating unique and relaxing patient experiences, changing smiles to impact people's lives and continuing to be able to offer patients new and cutting edge dentistry.



North Dakota's
top 20 professionals
 under age 40



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